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TAKE A (GATEWAY) PAUSE THAT REFRESHES

by Bob McCulloch, MA

Bob McCulloch has been a Monroe Institute Trainer since 1989. He has a master's degree in transpersonal psychology.

The Monroe Institute is pleased to announce its newest program for *GATEWAY VOYAGE*® graduates: the *GATEWAY* Refresher Weekend. *GATEWAY* Refresher Weekends will be held at various locations throughout the United States (and perhaps other locations as demand dictates) and will offer *GATEWAY* grads the opportunity to further explore Focus 15 and Focus 21. In addition to these levels, there will also be selected tapes from the Institute's graduate programs for you to experience.

This program is only available to *GATEWAY VOYAGE* graduates and will be facilitated by a TMI Trainer. Not only will you be able to reinforce your experience of Focus 15 and Focus 21 by listening to the tapes we will provide during these weekends, but you will also be able to meet other *GATEWAY* grads from your area. The programs will typically begin on a Friday evening and run through the weekend, ending on Sunday afternoon.

As coordinator of this exciting new endeavor, I would love to hear from any *GATEWAY* graduates interested in having the *GATEWAY* Refresher Weekend come to their area. Please contact me at the following address or phone number to let me know of your interest. Be sure to look for future announcements in the TMI FOCUS for dates and locations of scheduled *GATEWAY* Refresher Weekends.

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